

THE SUNSHINE MENU

Call: 023 8063 9217 | 22 Bedford Place, Southampton SO15 2DB

DF Dairy Free GF Gluten Free V Vegetarian Ve Vegan



GAJAKS

Maman Sheila's Samosas | £4.95

Shelina's mum's recipe of curried potato and pea samosas served with a mint and coriander dipping sauce **DF V Ve**

Anana Confit | £4.95

Mauritian street food classic of pineapple with tamarind, mint and chilli **DF GF V Ve**

Mango Chilli Chicken Wings | £5.95

Served with a spicy mango chilli sauce with coriander and chilli flakes **DF GF**

Sweet Sticky Tamarind Lamb Ribs | £6.95

With tropical slaw on the side **GF**

Mauritian Octopus & Pineapple | £8.49

Crispy octopus with a hot and sweet refreshing pineapple salsa **GF**

Gato Piment | £4.95

Spicy crunchy chilli balls made with yellow split peas, chilli, spring onion and fresh herbs **DF GF V Ve**

Cauliflower Poppers | £5.95

Crunchy cauliflower bites served with a chive dipping sauce **DF GF V Ve**

Prawn, Ginger & Coriander Fritters | £6.95

Served with Masala Aioli **GF**

Soft Shell Crab Baija | £8.49

Served with green mint chutney

HOUSE CARI

DF GF Traditional island style Creole curry, medium heat, light and fragrant made with coconut milk, freshly ground spices and herbs. Served with yellow rice and chutney.

King Prawn / Red Snapper | £11.95 /

Octopus | £12.95 / Braised Mutton | £10.95

Butterbean V Ve / Gato Piment V Ve |

£8.95 Chicken | £9.95 Add roti | £2.95

MAGIC BOWL

A classic rice based Chinese-Mauritian dish of oyster sauce, soy sauce and garlic topped off with a fried egg.

Chicken & Prawn | £10.95

Seafood Special | £11.95

ROUGAILLE

DF GF (if with rice) A rich Creole tomato sauce with garlic, thyme and chilli served with white rice and chutney.

King Prawn / Red Snapper | £11.95 /

Octopus | £12.95 / Braised Mutton | £10.95

Butterbean V Ve / Gato Piment V Ve | £8.95

Chicken | £9.95 Add roti | £2.95

ISLAND STYLE WRAPS

A filling and spicy Mauritian wrap similar to a burrito served with a choice of house fries or salad. Gateaux Piment and Butterbean can be made **Ve** on request.

Cari Chicken | £9.95 / Cari Mutton | £10.95

Gato Piment V | £8.95 / Butterbean V | £8.95

King Prawn & Mango | £10.95

Upgrade to sweet potato fries for £1

HOUSE BURGERS

Served with a choice of salad or fries.

The Real Deal | £11.95

Pulled mutton burger with tamarind and green mint chutney

The Lakaz Clucker | £10.95

Sweet and sticky pulled chicken burger with Masala Aioli

The Veggie Delight | £9.95 V

Pulled Jackfruit burger with sticky tamarind sauce and spring onions

Upgrade to sweet potato fries for £1

Add cheese for an extra £1

MAURITIAN SUNSHINE SALAD

DF GF A light and refreshing salad of green papaya, carrots, coconut and toasted cashews.

Chicken | £10.95 Gato Piment | £9.95 V Ve

King Prawn | £11.95

SIDES

All **DF GF V Ve** unless stated otherwise with icon

French Fries | £2.95

Sweet Potato Fries | £3.95

Dirty Fries | £3.95

French fries topped with cari sauce, spring onions & chilli

Side Salad | £2.49

Yellow / White Rice | £2.95

Tropical Coleslaw | £2.95 V

Roti | £2.95 DF V Ve

Extra Sauce Pots | 50p

KIDS MENU | £6.95

DRINKS

Water / Milk / Orange Squash
(with free top ups)

MAINS

Chicken Curry or Butterbean Curry (mild) and peas

Vegetarian Samosa with chips and peas **V Ve**

Chicken Nuggets with chips and peas

ICE CREAM

ask waiter for flavours **GF**

An optional discretionary service charge of 12.5% will be added to tables of 6 or more.

All our prices are GBP sterling & include VAT. Please note that all preparation has been made in a kitchen that has traces of nuts. If you require allergy advice please speak to a member of the team. This menu is a full halal menu.



lakazmaman.com

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BREAKFASTS | £6.95

Breakfast Torpedo

Turkey bacon, chicken sausages, Mauritian salsa, breakfast muffin and a fried egg

Breakfast Eggs

Perfectly poached eggs in a spicy tomato sauce served with a warm roti DF GF. Can be made Ve by replacing eggs with tofu

Sweetcorn Fritters

Sweetcorn and coriander fritters served with avocado and a sweet and spicy dressing

DF GF V Ve

Add on items | £1 extra choose from:
egg, bacon, sausage and muffin

SOFT DRINKS | £2.95

Coke | Diet Coke | Fanta | Sprite | Ginger Beer | Tonic Water | Still Water | Sparkling Water

Alooda – Milk based drink with rose syrup, basil seeds and vanilla. The perfect island style refresher

Panakon – Mauritian lemon and tamarind drink, light and refreshing and the perfect accompaniment with a spicy dish

MOCKTAILS | £3.95

Pina Colada – Coconut, pineapple and minted sugar

Mauritian Sunset – Pineapple, strawberry, apple and rose with a touch of ginger

Tropical Punch – Mango, passionfruit, orange and lime

Our Mojito's:

Lime & Mint | Passionfruit | Mango

THE FREAKSHAKES | £4.95

Over the top, messy and indulgent milkshakes laced with sweet treats and drizzled with sticky sauces! A must try!

Salted Caramel & Chocolate
Chocolate & Coconut (vegan)

JUICES | £3.25

Mango | Lychee | Passionfruit | Pineapple
Apple | Orange | Coconut Water

ICED TEA & COFFEE | £3.95

Mint & Lemongrass – Iced tea

Mango & Lime – Iced tea

Classic Flavour – Iced coffee with whipped cream

Vanilla & Cinnamon – Iced coffee with whipped cream

HOT DRINKS | £3.95

Latte | Cappuccino | Americano | Macchiato | £2.50

Espresso – single | £2 double | £2.50

Tea/Herbal Tea – ask a member of staff for selection available | £2.25

DESSERTS | £6.49

All V

Yummy Coco Bun

A soft milk bun filled with coconut ice cream, pistachio and salted caramel

Salted Caramel Chocolate Pot

A rich and decadent pot of dark chocolate with our homemade salted caramel served with cream GF

Banana Pops with pistachio and coconut. Can be Ve on request

Sticky Toffee Ginger Cake with salted caramel and vanilla ice cream DF

Puddine Coco

A light and refreshing dessert made with coconut milk served with tropical coulis and fresh tropical fruits DF GF Ve

Ice Cream | £3 a scoop GF – ask waiter for flavours

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SAUCES TO BUY

All sauces DF GF V Ve

Small | £4.95 Large | £6.95

Piment Crazer

Mango & Lime Chilli Sauce

Sweet & Sticky Tamarind Sauce

Cari Blend

Gift box | £20.00

1 x Mango & Lime Chilli Sauce (Small)

1 x Sweet & Sticky Tamarind Sauce (Small)

1 x Piment Crazer

1 x Cari Blend

VOUCHERS

Available in denominations of £10 & £20

Just ask a waiter.

BRING YOUR OWN (BYO)

Corkage Prices:

Wine (750ml bottle) | £5

Beer can (330ml-660ml) | £1.50

Spirits (35cl bottle) | £5

Spirits (70cl bottle) | £10

No soft drinks or mixers allowed.

*Other BYO options will be individually priced by management.



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